



**COTBC**

College of Occupational Therapists  
of British Columbia

# Annual Continuing Competence Review (ACCR)

## Background

### MANDATE

As the profession’s regulatory body in British Columbia (BC), COTBC has the legislated mandate to protect the public through the administration of an effective quality assurance program (QAP) that promotes high standards of practice.

### GOAL

The public will have confidence in COTBC’s quality assurance program, focused on safety, preventing harm and promoting health and wellbeing through competent and consistent occupational therapy practice in British Columbia.

### PURPOSE

To support occupational therapists with information, learning opportunities (including assessment and feedback) and resources focused on their required professional standards and enhancing their continuing career competence.



### NOTE:

The ACCR requirement for the spring of 2020 was deferred to ensure registrants could focus on the essential work required to learn about, prepare for and take action during the onset of the COVID-19 viral pandemic to continue delivering safe occupational therapy services for the residents of BC.

## 2019 Results Summary

The top three transitions remain the same from 2013-2019:

1. Adjusting to a significant change in my workload.
2. Adjusting to a significant change in policies and/or procedures at my workplace which impact the way I practice.
3. Adjusting to a significant change in my workplace organization.

### Resources OTs rated as *most effective*:

1. Peer(s) in the field
2. Continuing education activities/events
3. Expert(s) in the field
4. Networks for personal support
5. Current evidence and best practices

Using their learning from the 2019 ACCR practice quiz content, registrants planned to:

1. Seek supplementary information to support their learning (69%).
2. Share information and discuss with colleagues ways to implement changes (67%).
3. Seek additional education on one or more of the topics covered (57%).