

COTBC Webinars  
Today's session will start shortly

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Client Autonomy

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 QUALITY PRACTICE WEBINARS  
Client Autonomy

Welcome!

- Participants are placed on mute.
- Please type your questions in the chat box.
- Sessions are recorded and posted within 24 hours.
- Thank you for attending – please complete our evaluation.

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 QUALITY PRACTICE WEBINARS  
Client Autonomy

 Today's speaker...  
Kathy Corbett  
Registrar

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**COTBC** QUALITY PRACTICE WEBINARS

## Client Autonomy

### Today's Session

	Timing
Introductions	12:00 -12:05
Being a Regulated Professional – Privilege and Responsibility	
Client (Individual) Autonomy - An Ethical Principle	
Ethical Concepts In Practice <ul style="list-style-type: none"> <li>• Informed Consent</li> <li>• Confidentiality</li> <li>• Honesty &amp; Transparency</li> </ul>	12:05 - 12:30
Questions and Answers	12:30 - 12:40
Wrap-up	12:40 -12:45

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**COTBC** QUALITY PRACTICE WEBINARS

## Client Autonomy




**Autonomy**  
**Beneficence**

**Non-maleficence**  
**Justice**

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**COTBC** QUALITY PRACTICE WEBINARS

## Rights Codified - Protected

Right to an informed consent.

Right to control personal information.

College is expected to set rules to protect patients/clients.

This Act is Current to November 11, 2015

This Act has "New or Amended" sections. See the Table of Legislative Changes.

**HEALTH CARE (CONSENT) AND CARE FACILITY (ADMISSION) ACT**  
[RSC 1996] CHAPTER 181

This Act is Current to November 11, 2015

This Act has "New or Amended" sections. See the Table of Legislative Changes.

**FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT**  
[RSC 1996] CHAPTER 185

Contents

This Act is Current to November 11, 2015

This Act has "New or Amended" sections. See the Table of Legislative Changes.

**HEALTH PROFESSIONS ACT**  
[RSC 1996] CHAPTER 183

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**COTBC Code of Ethics**  
**Occupational Therapy Values**

- Dignity and Worth**  
Every client is unique and has intrinsic worth.
- Individual Autonomy**  
Every client has the right and capacity for self-determination.
- Safe, Competent and Ethical Care**  
Every client has the right to safe, competent and ethical occupational therapy services.
- Accountability**  
Occupational therapists are to be held accountable for their actions.
- Collaborativity**  
Occupational therapists engage the context of professional relationships.
- Honesty**  
Every client has the right to quality occupational therapy services in accordance with individual needs.
- Honesty and Transparency**  
Occupational therapists communicate openly and honestly in a clear and caring manner, and respect the client's right to comprehensive information regarding occupational therapy services.
- Trusting and Respectful Work Environment**  
Occupational therapists perform their professional duties in a manner that promotes a trusting and respectful working environment that supports safe and competent care.

**2 Individual Autonomy**  
*Every client has the right and capacity for self-determination.*

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**COTBC** QUALITY PRACTICE WEBINARS  
**Client Autonomy**

Client - OT Relationship Established



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**COTBC** QUALITY PRACTICE WEBINARS  
**Client Autonomy**

What do we mean by Client Autonomy?

*Client (patient) autonomy is typically expressed as the right of competent individuals to make decisions about their health care, free from external constraints.*

*... must be an informed decision*

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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy

COTBC Code of Ethics

**2** Individual Autonomy  
*Every client has the right and capacity for self-determination.*

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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy

COTBC Code of Ethics

**2** Individual Autonomy  
*Every client has the right and capacity for self-determination.*

Occupational therapists advocate for their client's right to determine and participate in meaningful occupations for his or her health and well-being. (s.2.1)

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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy

Client-centred Practice – A good fit



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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy  
Client-centred Practice – A good fit



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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy  
COTBC Code of Ethics

**2** Individual Autonomy  
*Every client has the right and capacity for self-determination.*

(s.2.5) Recognizing clients' support network, and where appropriate including their participation in occupational therapy services.

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**COTBC** QUALITY PRACTICE WEBINARS  
Client Autonomy  
What other values relate to the principle of respect for autonomy?

- Dignity and Worth
- Confidentiality
- Honesty and Transparency



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 QUALITY PRACTICE WEBINARS  
**Dignity and Worth**

COTBC Code of Ethics

**1** **Dignity and Worth**  
*Every client is unique and has intrinsic worth.*

(s.1.3) *Respect the client's self-determination and choice.*

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 QUALITY PRACTICE WEBINARS  
**Dignity and Worth**

COTBC Code of Ethics

**1** **Dignity and Worth**  
*Every client is unique and has intrinsic worth.*

(s.1.2) *Respect the client's race, culture, gender, social status, language, sexual orientation, age or ability in the delivery of occupational therapy services*

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 QUALITY PRACTICE WEBINARS  
**Respect for Autonomy in Practice**

1. Obtaining Informed Consent
2. Ensuring Confidentiality
3. Communicating honestly and with transparency

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 QUALITY PRACTICE WEBINARS  
**Respect for Autonomy in Practice**

1. Obtaining Informed Consent

- Respecting the clients' self – determination
- Inform and involve clients as much as possible in the process, even if the client does not have the capacity to do so fully

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 QUALITY PRACTICE WEBINARS  
**Respect for Autonomy in Practice**

2. Ensuring Confidentiality

- Protecting clients' right to control their information (collection & disclosure)
- Protecting clients' right to access their occupational therapy information

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 QUALITY PRACTICE WEBINARS  
**Respect for Autonomy in Practice**

3. Communicating honestly and with transparency

- Clear and caring manner
- Respect client's right to comprehensive information
- Check the client's understanding

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 QUALITY PRACTICE WEBINARS

### Challenges in practice

Respecting client decisions we may not agree with

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 QUALITY PRACTICE WEBINARS

### Challenges in practice

Supporting a capable client's decision to *live at risk*

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 QUALITY PRACTICE WEBINARS

### Challenges in practice

Others....

- ❖ Engaging in shared decision making when there are competing interests.
- ❖ Enabling client autonomy to the extent possible when clients have limited capacity.
- ❖ Enabling autonomy in systems where institutional norms get in the way.

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### Managing challenges in practice

- ❖ Enhance communication skills
- ❖ Embrace & enhance cultural competence in your practice, helpful in understanding nuances about supporting client autonomy within cultural contexts
- ❖ Ensure anticipatory strategies in place for enabling client autonomy (resources, education, supports for clients with limited capacity)
- ❖ Recognize client autonomy is not only about informed consent

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### Respect for Autonomy

### An Ethical Responsibility



#### COTBC Code of Ethics

##### Occupational Therapy Values

- 1 Dignity and Worth**  
Every client is unique and has intrinsic worth.
- 2 Individual Autonomy**  
Every client has the right and capacity for self-determination.
- 3 Safe, Competent and Ethical Care**  
Every client has the right to safe, competent and ethical occupational therapy services.
- 4 Accountability**  
Occupational therapists are fully responsible for their practice and are obligated to account for their actions.
- 5 Confidentiality**  
Occupational therapists safeguard the confidentiality of information acquired in the context of professional relationships, to protect their clients' rights to privacy.
- 6 Fairness**  
Every client has the right to quality occupational therapy services in accordance with individual needs.
- 7 Honesty and Transparency**  
Occupational therapists communicate openly and honestly in a clear and caring manner, and respect the client's right to comprehensive information regarding occupational therapy services.
- 8 Trusting and Respectful Work Environment**  
Occupational therapists perform their professional duties in a manner that promotes a trusting and respectful working environment that supports safe and competent care.

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Duty of Care

THANK YOU FOR LISTENING... Questions?

- Please fill out the evaluation.
- Recording will be available in 24 hours
- Additional questions? Email [practice@cotbc.org](mailto:practice@cotbc.org)
- Join us on @OTCollegeBC

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 UPCOMING WEBINARS

Coming up!

Quality Practice Series	Date/Time	Exam Prep Series	Date
Obtaining Consent	Dec. 3, 2015	Question & Answer Sessions	Dec. 10 Jan. 7
Professional Boundaries	Dec. 17, 2015	Navigating the online exam environment	To be confirmed: Jan. 14 or Jan. 21

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